

# Vermont Institute of Corrections

presents



## "Delivery of Evidenced Based Practices"

# April 30th - May 3, 2012

### Featured Presenters From:

- \* Alternative Solutions Associates, Inc  
Massachusetts
- \* The Kintock Group  
New Jersey
- \* N.H. Dept. of Corrections  
Cheshire County
- \* Spectrum Youth & Family Services  
Burlington, VT
- \* Brattleboro Retreat  
Brattleboro, VT
- \* Vermont Department of Corrections

## Stowe, Vermont

### Topnotch Resort and Spa

4000 Mountain Road  
Stowe, Vermont  
05672



### VIC Sign In Hours

- Sunday:  
6 p.m. to 8 p.m.
- Monday – Wednesday:  
8 a.m. to 8 p.m.
- Thursday:  
8 a.m. to 1 p.m.

Special rates for overnight accommodations - Call the resort directly at 800-451-8686  
(please reserve rooms at least 14 days prior to conference to receive special rates)

## Conference is FREE !

## CEUs @ \$25 for 3 CEUs; \$40 for 6 CEUs or \$150 for 24 CEUs

Make checks payable to:

### The Vermont Department of Corrections

To register for this conference, please go to the following link to sign into the AHS Calendar.

[CLICK HERE](#)

For questions or in need of assistance for online registration please contact:

Mark Shelton (802)-334-4381 / [mark.shelton@state.vt.us](mailto:mark.shelton@state.vt.us)

**REGISTER EARLY !!!**

MAILING ADDRESS :  
Vermont Dept. of Corrections  
c/o John Gramuglia  
103 South Main Street  
Waterbury, Vermont  
05671



# VERMONT INSTITUTE OF CORRECTIONS



## *“Delivery of Evidence Based Practices”*

APRIL 30th – MAY 3rd, 2012

Topnotch in Stowe

4000 Mountain Road, Stowe, VT 05672

### REGISTRATION

Registrations are due no later than April 17, 2012

COURSES ARE LISTED BELOW - Sign up for individual Courses Online

Conference Registrations and Course Sign-Up should be made at the following Link:

<https://www.ahsnet.ahs.state.vt.us/AHSTrain/LogIn/login.cfm>

### COURSES

Date	Day 1 April 30 <sup>th</sup>	Day 2 May 1 <sup>st</sup>	Day 3 May 2 <sup>nd</sup>	Day 4 May 3 <sup>rd</sup>
AM Courses 9 a.m. to 12 Noon	Evidenced Based Practices	Habits of Mind (Pt. 3 of 4)	Relapse Prevention	Special Needs Offenders
	Habits of Mind (Pt. 1 of 4)	Best Practices in Case Planning	Community Corrections	Group Dynamics
	Sexual Offender Treatment & Supervision	Medication Assisted Treatments	Prison Rape Elimination Act (PREA)	Core Correctional Practices
Lunch				
PM Courses 1 p.m. to 4 p.m.	Evidenced Based Practices	Clinical Supervision	Relapse Prevention	Special Needs Offenders
	Habits of Mind (Pt. 2 of 4)	Habits of Mind (Pt. 4 of 4)	How to do “What Works”	Best Practices in Case Planning
	Suicide Prevention	Victim Services	Mental Health	

CEUs available at the rate of \$25 per 3 CEUs; \$40 per 6 CEUs, or \$150 for 24 CEUs

### FOR CEU’S

1. Register online (\*\*follow online instructions on setting up new account if you do not have one)
2. Send check in appropriate amount to the address below
3. Include name (s) of participants and what course CEUs they desire to the following address:

ATTN: JOHN GRAMUGLIA

Vermont Department of Corrections

103 South Main Street

Waterbury, Vermont 05671

For Conference Inquiries, phone John Gramuglia at 1-802-951-5080

or Kim Bushey at 1-802- 951-5012

For questions or in need of assistance for online registration please contact:

Mark Shelton (802)-334-4381

## WORKSHOP DESCRIPTIONS

### PARTICIPANTS:

DOC Professionals in roles of supervision and group facilitation. This may include Probation and Parole Officers, Community Correctional Officers III and contracted providers.

### CEU'S AVAILABLE FOR THE FOLLOWING COURSES:

#### Monday, April 30<sup>th</sup>

		<u>LCMHS</u>	<u>NASW</u>	<u>LADC</u>
Evidenced Based Practices in Corrections	(Full Day)	6 CEUs	5.5 CEUs	3 CEUs
Habits of Mind	(Two Full Days)	12 CEUs	11 CEUs	12 CEUs
Sexual Offender Treatment and Supervision	(1/2 Day)	0 CEUs	0 CEUs	0 CEUs
Suicide Prevention	(1/2 Day)	0 CEUs	0 CEUs	0 CEUs

#### Tuesday, May 1<sup>st</sup>

Best Practices in Case Planning	(1/2 Day)	3 CEUs	2.75 CEUs	0 CEUs
Medication Assisted Treatment	(1/2 Day)	3 CEUs	2.75 CEUs	3 CEUs
Clinical Supervision	(1/2 Day)	3 CEUs	2.75 CEUs	3 CEUs
Victim Services	(1/2 Day)	0 CEUs	0 CEUs	0 CEUs

#### Wednesday, May 2<sup>nd</sup>

Relapse Prevention	(Full Day)	6 CEUs	5.5 CEUs	6 CEUs
Community Corrections	(1/2 Day)	3 CEUs	2.75 CEUs	0 CEUs
PREA (Prison Rape Elimination Act)	(1/2 Day)	3 CEUs	2.75 CEUs	0 CEUs
How to do What Works	(1/2 Day)	3 CEUs	2.75 CEUs	0 CEUs
Mental Health Issues in Corrections	(1/2 Day)	3 CEUs	2.75 CEUs	3 CEUs

#### Thursday, May 3<sup>rd</sup>

Special Needs Offenders	(Full Day)	6 CEUs	5.5 CEUs	6 CEUs
Group Dynamics	(1/2 Day)	3 CEUs	2.75 CEUs	3 CEUs
Best Practices in Case Planning	(1/2 Day)	3 CEUs	2.75 CEUs	0 CEUs
Core Correctional Practices	(1/2 Day)	0 CEUs	0 CEUs	0 CEUs

# 2012 VERMONT INSTITUTE OF CORRECTIONS

## SCHEDULE

### Monday, April 30<sup>th</sup>

	<u>Duration</u>	<u>Time</u>	<u>Location</u>
Evidenced Based Practices in Corrections	(Full Day)	9 a.m. to 4 p.m.	BALLROOM
Habits of Mind	(Two Full Days)	9 a.m. to 4 p.m.	STERLING
Sexual Offender Treatment and Supervision	(1/2 Day)	9 a.m. to 12 noon	NATIONAL
Suicide Prevention	(1/2 Day)	1 p.m. to 4 p.m.	NATIONAL

### Tuesday, May 1<sup>st</sup>

Best Practices in Case Planning	(1/2 Day)	9 a.m. to 12 noon	BALLROOM
Habits of Mind	(Two Full Days)	9 a.m. to 4 p.m.	STERLING
Medication Assisted Treatment	(1/2 Day)	9 a.m. to 12 noon	NATIONAL
Clinical Supervision	(1/2 Day)	1 p.m. to 4 p.m.	BALLROOM
Victim Services	(1/2 Day)	1 p.m. to 4 p.m.	NATIONAL

### Wednesday, May 2<sup>nd</sup>

Relapse Prevention	(Full Day)	9 a.m. to 4 p.m.	BALLROOM
Community Corrections	(1/2 Day)	9 a.m. to 12 noon	STERLING
PREA (Prison Rape Elimination Act)	(1/2 Day)	9 a.m. to 12 noon	NATIONAL
How to do What Works	(1/2 Day)	1 p.m. to 4 p.m.	STERLING
Mental Health Issues in Corrections	(1/2 Day)	1 p.m. to 4 p.m.	NATIONAL

### Thursday, May 3<sup>rd</sup>

Special Needs Offenders	(Full Day)	9 a.m. to 4 p.m.	STERLING
Group Dynamics	(1/2 Day)	9 a.m. to 12 noon	NATIONAL
Core Correctional Practices	(1/2 Day)	9 a.m. to 12 noon	BALLROOM
Best Practices in Case Planning	(1/2 Day)	1 p.m. to 4 p.m.	BALLROOM

**MONDAY, APRIL 30<sup>TH</sup>, 2012****EVIDENCED BASE PRACTICES IN CORRECTIONS****(FULL DAY)****Ballroom----- 9 a.m. to 4 p.m.**

John Gramuglia &amp; Kim Bushey

Criminologists over the past twenty some years have compiled extensive research as to what works in reducing recidivism and substance use by offenders. This information is invaluable in designing programs and practicing case management in a way that positively affects an ever-growing number of offenders. This training will provide much of the detail needed to begin the planning and implementation process for success.

**HABITS OF MIND****(TWO DAYS)****Sterling Room ----- 9 a.m. to 4 p.m.**

Dana Lesperance

The Habits of Mind provide a set of markers for developing attitudes, skills and predisposition for thinking and behaving intelligently. The Habits of Mind are based on a set of four books written by Arthur L. Costa, Ed.D. and Bena Kallick, Ph.D., *Habits of Mind: A Developmental Series*, published in 2000 by the Association for Supervision and Curriculum Development (ASCD). Recently the Habits work has been expanded in the latest book, *Learning and Leading with Habits of Mind* (Costa & Kallick, 2008). The 16 Habits of Mind focus on performance under challenging conditions that demand strategic reasoning, insightfulness, perseverance, creativity and craftsmanship. These Habits provide staff working in corrections and other cognitive based programs an explicit set of behaviors for participants to strive for. The Habits can benefit correctional clients in any education or need-reducing program and/or clients looking for skills to improve their current situation. It is important when working in correctional settings that staff model and explicitly define pro-social behavior. In the Vermont Department of Corrections, the Habits of Mind help provide a common strength-based language to use with offenders to work toward a common goal of reducing recidivism.

**SEXUAL OFFENDER TREATMENT AND SUPERVISION****(1/2 DAY)****National Room ----- 9 a.m. to 12 noon**

Kris Goldstein &amp; Heather Allin

This training will provide an overview of sex offender treatment and supervision in Vermont. It will focus on best correctional practices and how Vermont applies them to the treatment and supervision of convicted sex offenders. The Vermont Treatment Program for Sexual Abusers (VTPSA) referral packets, Sex Offender Review Committee Referral Form High Risk Checklist and Law Enforcement Notifications will also be addressed. Also highlighted will be Circles of Support and Accountability (CoSA), which is a restorative justice approach that pairs high-risk sexual and violent offenders with trained volunteers who provide support and accountability as the offender returns to the community.

**SUICIDE PREVENTION****(1/2 DAY)****National Room ----- 1 p.m. to 4 p.m.**

Edward Adams

Hindsight is said to be 20/20 but in a profession where the goal of zero completed suicides is the standard, it becomes essential to identify risk factors and take appropriate actions. This course will review the signs and symptoms of potentially suicidal individuals as well as potential triggering events, and times of increased risk. Participants will then engage in discussions that attempt to examine and identify offender suicide risk factors in specific case examples. The training objective of the course will be to apply the principles of "hindsight is 20/20" to active identification and suicide prevention for the corrections professional.

**TUESDAY, MAY 1<sup>ST</sup>, 2012****BEST PRACTICES IN CASE PLANNING****(1/2 DAY)****Ballroom----- 9 a.m. to 12 noon.**

Dale Crook &amp; Michael Touchette

This presentation will explore how to utilize 3rd generation assessment instruments to develop case plans. In addition, participants will learn how to develop both strategies and interventions that can aid in successful reintegration into the community.

**MEDICATION ASSISTED TREATMENTS****(1/2 DAY)****National Room----- 9 a.m. to 12 noon.**

Anthony Folland

This course will provide a basic overview of the current medications used to assist in the detoxification and treatment of addictive disorders. The course will review the current drugs of abuse for which pharmacotherapy is available, the basic neurobiology of the drug(s) of abuse and the how these medications can be effectively used as a component of a comprehensive treatment plan. Discussion will also revolve around matching both the medication, and treatment structures, with the treatment needs and criminogenic behaviors of the offender population.

**CLINICAL SUPERVISION****(1/2 DAY)****Ballroom----- 1 p.m. to 4 p.m.**

John Gramuglia

The presentation will review the administrative, educational and supportive components of supervision. It will review the construction of individual development plans, how to individualize those plans and how to monitor milestones towards goal attainment. During the training, we will also review specific activities to improve the efficiency and ability of the supervisee.

**VICTIM SERVICES****(1/2 DAY)****National Room----- 1 p.m. to 4 p.m.**

Amy Holloway

Working with Victims, in addition to everything else expected of a correction's caseworker, can feel either overwhelming or unnecessary. This class will address the critical issues around working with victims within Corrections, exploring the pros and cons of doing so, identifying the opportunities for successful offender re-entry and the ways that working with victims can contribute to the offender's ongoing success.

Class participants will have the chance to discuss issues related to specific victim populations (domestic violence, sexual assault, homicide, burglary, arson) and work on integrating working with victims into their specific supervision style. Specific strategies, techniques and tips will be shared and participants will walk out of the class understanding why working with victims is important, how to do it efficiently and effectively and when to refer to someone else.

**WEDNESDAY, MAY 2<sup>ND</sup>, 2012****RELAPSE PREVENTION****(FULL DAY)****Ballroom ----- 9 a.m. to 4 p.m.**

Peter LoIacono

This workshop will provide a broad overview of current thinking regarding alcohol and/or drug relapse prevention and how recovering individuals may enhance their prospects for lifelong sobriety. A definition of recovery will be presented, followed by specific theories, approaches and practices in relapse prevention.

**COMMUNITY CORRECTIONS****(1/2 DAY)****Sterling Room ----- 9 a.m. to 12 noon**

Kevin Warwick

An overview of Community Corrections with an emphasis upon reentry and rehabilitation of offenders. A look at program designs and implementation processes of day reporting centers and community supervision. Specific evidenced based clinical interventions will be presented and explained.

**PRISON RAPE ELIMINATION ACT****(1/2 DAY)****National Room ----- 9 a.m. to 12 noon**

Jennifer Sprafke

This training will provide an overview of the PREA law and education about the signs of unhealthy boundaries including a daily checklist for clinicians to use to assess oneself. It will also include education on how some offenders approach professionals to attempt engaging in personal / social relationships, and it will present behavioral continuums and red flags of staff and offenders.

**HOW TO DO WHAT WORKS****(1/2 DAY)****Sterling Room ----- 1 p.m. to 4 p.m.**

John Blette

How to take the "What Works" literature and put it into practice. Strategies and pitfalls in program implementation.

**MENTAL HEALTH IN CORRECTIONS****(1/2 DAY)****National Room ----- 1 p.m. to 4 p.m.**

Meredith Larson

An overview of Mental Health disorders of offenders. An in depth discussion of DSM characteristics of various diagnoses. Intervention techniques for offenders with mental health disorders.

**THURSDAY - MAY 3<sup>RD</sup>, 2012****SPECIAL NEED OFFENDERS****(FULL DAY)****Sterling Room ----- 9 a.m. to 4 p.m.**

Barnes Peterson

An overview of special need offenders to include mental health disorders, traumatic brain injury and the cognitively impaired. Identification and assessment of those with special needs. Techniques for appropriate interventions.

**GROUP DYNAMICS****(1/2 DAY)****National Room ----- 9 a.m. to 12 noon**

Paul Hochanadel &amp; Colleen Nielson

This training provides an overview of group dynamics for facilitators working with a Corrections population. We will review basic elements of a healthy group process, and will explore the stages of group development. We will discuss ways to establish a professional helping relationship with individuals and in group. Finally, we will explore strategies for dealing with challenging situations in a group setting.

**CORE CORRECTIONAL PRACTICES****(1/2 DAY)****Ballroom----- 9 a.m. to 12 noon**

Marshall Rich &amp; Carol Ruggles

This ½-day training will focus on 3 principals of effective correctional practices. Participants will learn about: 1. Social Reinforcement. 2. Effective Disapproval. 3. Effective Use of Authority.

**BEST PRACTICES IN CASE PLANNING****(1/2 DAY)****Ballroom----- 1 p.m. to 4 p.m.**

Dale Crook &amp; Michael Touchette

This presentation will explore how to utilize 3rd generation assessment instruments to develop case plans. In addition, participants will learn how to develop both strategies and interventions that can aid in successful reintegration into the community.

**VICTIM SERVICES****(1/2 DAY)****National Room ----- 1 p.m. to 4 p.m.**

Amy Holloway

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# 2012 VERMONT INSTITUTE OF CORRECTIONS

## PRESENTERS

### JOHN C GRAMUGLIA MBA, LCSW, LADC, LCS

- EVIDENCED BASED PRACTICES IN CORRECTIONS .....(Monday 4/30/12 – Full Day)
- CLINICAL SUPERVISION.....(Tuesday 5/01/12 – A.M.)

John C Gramuglia is Program Service Chief Clinical Specialist for the Vermont Department of Corrections. Mr. Gramuglia has spent the last 20+ years working with both juvenile and adult offenders. Mr. Gramuglia has an MBA from Iona College and an MSW from Fordham University. He has earned advanced certification in Rational Emotive Behavioral Therapy (REBT) from the Albert Ellis Institute in New York City, studying directly with Dr. Ellis. Using the principles of SMART Recovery (Self Management and Recovery Training), he authored the SMART Recovery Teen Manual and facilitated the Inside Out SMART Recovery video for Inflexion, developer of scientifically based programs designed to promote behavioral change. Mr. Gramuglia has extensive experience as an educator and trainer.

Vermont Dept. of Corrections  
 103 South Main Street, Waterbury, Vermont 05671  
 802-951-5080

### PETER LOIACONO, MA, LADC

- RELAPSE PREVENTION .....(Wednesday 5/02/12 – Full Day)

Peter LoIacono, MA, LADC holds licenses in alcohol and drug counseling in VT, NH and MA, and is currently employed as a clinician in the Brattleboro Retreat’s Starting Now outpatient substance abuse treatment program. He also has private practices in Keene, NH and Brattleboro, VT. His experience over 28 years in the addiction treatment field includes working in a number of addiction treatment settings as a clinician, coordinator, and in program design, including the development of a novel adolescent early intervention program called Next Choice. His more recent interests include neurocognitive impacts of substance use, holistic recovery methods and cognitive-behavioral approaches to addiction treatment.

Brattleboro Retreat  
 Anna Marsh Lane, Brattleboro, VT 05302  
 (802) 258-3700

### MEREDITH LARSON

- MENTAL HEALTH IN CORRECTIONS .....(Wednesday 5/02/12 – P.M.)

Meredith Larson, Psy.D. is Chief of Mental Health Services for the Vermont Department of Corrections. Dr. Larson has been licensed in Vermont for over 20 years, as well as in California and Massachusetts. She has worked in direct service, administrative, and educational capacities for VDOC since 2005, and previously worked in group practice at Kaiser Permanente and private practice in Vermont, as well as in teaching and supervising positions at several colleges and universities. Her formal education includes a BA in Anthropology (Harvard), MA in Sociology (UC Berkeley), Psy.D. (Pacific University), and MBA (Stanford). Special areas of professional interest include neuropsychology, socio-biology, Dialectical Behavioral Therapy and strategic therapy.

CMHS, VDOC  
 103 South Main Street, Waterbury, VT 05671  
 P 802-885-9870 Fax 802-885-9720

**KEVIN WARWICK, MSW**

- COMMUNITY CORRECTIONS.....(Wednesday 5/02/12 – A.M.)

Kevin Warwick began working in the field of Criminal Justice in 1981 and has 30 years experience working for 2000 bed county corrections facility. In 1986, Mr. Warwick designed and directed the first day reporting center in the country with the Hampden County Sheriff's Department in Massachusetts. Kevin has developed additional programs including substance abuse treatment, life skills, employment/job development centers, a halfway house and a community corrections center for the Massachusetts Probation and Parole Departments. Kevin worked on the development and implementation of the After Incarceration Support Services program, which is a community reentry program that provides transition for inmates reentering the community Kevin has worked with jurisdictions all around the country developing reentry programs and jail overcrowding programs. These programs have assisted many jurisdictions in reducing recidivism rates and reducing jail populations and cost associated with that. Kevin provides trainings for the American Jail Association on reentry and jail programs. Kevin has published numerous articles on community corrections and jail treatment and reentry programs .Kevin has worked with jails around the country developing their reentry programs. These jails range in size for 30 bed facilities to facilities with over 3000 beds. Kevin is a member of the of advisory group for the Urban Institute Jail reentry roundtable

Kevin Warwick is presently the President of Alternative Solutions Associates, Inc., providing various consulting services including training's, development, evaluation of local criminal justice systems and program design and development. The company involves all stakeholders in the process via focus groups as other forms of facilitation. The company assists counties with the development of jail overcrowding programs and the development of specialty programs including jail treatment programs and jail reentry programs. The company also works with local jurisdiction in the design and development of jail and community corrections programs.

Kevin Warwick MSW, President  
 Alternative Solutions Associates Inc  
 5 Red Bridge Lane, South Hadley Ma 01075  
 413-626-7597  
 Email [warwickkevin@msn.com](mailto:warwickkevin@msn.com)

**JOHN J. BLETTE PH.D**

- HOW TO DO WHAT WORKS.....(Wednesday, 05/02/12 – P.M.)

Dr. Blette has worked in the field of human services in both the public and private sectors for 40 years. He holds a PhD in Business Administration and an MBA as well as an MA in Business and Policy Studies, and a BS in Human Services. He recently retired from his position as Corporate Vice President of Program Services for The Kintock Group, a community corrections organization that provides residential and outpatient treatment services to state and federal offenders.

Prior to joining the Kintock Group he worked for Phoenix House, as the Regional Director of Adult Residential Services, the Director of Training and Program Development for Community Education Centers and the Vice President of Clinical Services for Odyssey House. Having graduate and postgraduate degrees in administration and management, Dr. Blette presents an interesting prospective on the implementation of evidence-based services and overall program design.

Dr. Blette is a certified through Multi Health Systems as an Expert Trainer in LSI-R, LC/CMI, YLS/CMI and LS-R: SV risk/need assessments and has provided assessment training and administrative consultation to both government agencies and private vendors in New York, New Jersey and Pennsylvania. Additionally he is a seasoned lecturer and has presented several papers at ICCA and ACA national conferences. Dr. Blette’s particular expertise is designing practical and cost effective Risk Need Responsivity (RNR) program models. The Kintock Group

John Blette PhD  
 MEB Consulting  
 Phone: 609-448-2991  
 Mobile: 908-391-8406  
 Fax: 609-228-5965

**DANA LESPERANCE**

- HABITS OF MIND .....(Mon/Tue: 4/30 – 5/12/12 : Full Days)

Dana Lesperance, the Vocational Education and Workforce Development Chief for Community High School of Vermont he works with agencies and programs inside and outside the Department of Corrections who deal with offender employment and technical education. He has been with the department of corrections for 14 years and held the positions of Correctional Officer, Acting Shift Supervisor, Corrections Service Specialist, Program Facilitator, Grant Administrator, and now school administrator. In his current roll he works with agencies to coordinate and enhance offender employment services and educational opportunities. He works with these programs to be sure offenders are being taught soft skills and transferable work skills that meet industry standard and are sought after by Vermont employers. He supervises the Career Resource Centers and Career and Technical Education programs that operate within the Community High School of Vermont sites around Vermont. He works with and supports the Habits of Mind (Kallick & Costa) that are integrated in and taught by the Community High School of Vermont. The Habits take a strength-based approach at teaching students thinking skills that can help them be successful in the community, in academics, and at work.

Vermont Dept. of Corrections  
 103 South Main Street, Waterbury, Vermont 05671  
 802-951-5043 / 802-334-8924

**BARNES PETERSON**

- SPECIAL NEEDS OFFENDERS.....(Thursday 5/03/12 – Full Day)

Barnes Peterson is a Licensed Clinical Mental Health Counselor, a Clinically Certified Forensic Counselor and a Clinically Certified Domestic Violence Counselor. He has served as the Mental Health Clinician at the Cheshire County Department of Corrections since 2000.

He has provided mental health services in the Monadnock Region since 1985 for organizations such as Monadnock Family Services, Cheshire Medical Center, Beech Hill Hospital, Keene State College and NH Catholic Charities. Barnes is an Adjunct Faculty member in the Clinical Mental Health Counseling Program at Antioch University-New England. He also provides consultation to the Antioch University Psychological Services Center doctoral-level trainees who provide counseling for CCDOC inmates. Barnes is a member of the Mental Court Committee, the Cheshire County Domestic Violence Council and the Board of the NH Chapter of the National Association of Forensic Counselors.

Barnes has extensive experience providing mental health services for clients who suffer with a wide range of psychiatric disorders including mood disorders, anxiety disorders, psychotic disorders, adjustment disorders, alcohol and substance abuse disorders, and personality disorders. He has a special interest in helping inmates with Antisocial Personality Disorder to get off the "criminal justice merry go round" through modifying the beliefs and decision-making processes that contribute to criminal offenses, and cultivating the skills that are necessary to be successful in the community.

Barnes works closely with administrative, medical, correctional and case management staff to ensure that the safety, mental health and rehabilitative needs of inmates are met during their incarceration at the Cheshire County Department of Corrections.

New Hampshire Dept. of Corrections  
 Cheshire County, 825 Marlboro Road, Keene, NH 03431  
 603-903-1600

**PAUL HOCHANADEL**

- GROUP DYNAMICS.....(Thursday 5/03/12 – A.M.)

Paul Hochanadel works for Spectrum Youth & Family Services as the Director of Violence Intervention & Prevention Programs. Paul began working in the field of batterers’ intervention at Spectrum in 2001, as a group facilitator and site coordinator, and in 2005, Paul assumed his current role. Spectrum provides four different types of violence intervention and prevention programs, both in the community and for the Vermont Department of Corrections. Our Corrections program is offered in one correctional facility and numerous Probation & Parole offices across the state, combining educational programming with a cognitive behavioral intervention process. Paul currently serves as Co-Chair of the Vermont Council on Domestic Violence, and was recently appointed to the Governor’s Task Force for the Prevention of Domestic and Sexual Violence. In addition to overseeing programming services, Paul often provides consultation and training regarding batterer accountability, responsible fatherhood, risk assessment, and the effects of domestic violence on children. Paul has a background in education, and he holds a Master of Arts degree from the University of Vermont and a Bachelor of Arts degree from Seattle University.

Director, Violence Intervention & Prevention Programs  
 Spectrum Youth & Family Services  
 31 Elmwood Avenue, Burlington, Vermont 05401  
 (802) 864-7423 ext 217  
 Cell (802) 343-0059  
 Fax 540-0116  
[www.spectrumvt.org](http://www.spectrumvt.org)

**ANTHONY FOLLAND**

- MEDICATION ASSISTED TREATMENTS .....(Tuesday, 05/01/12 – A.M.)

Tony Folland is presently a program coordinator for the Vermont Department of Health, Division of Alcohol and Drug Abuse Programs. In this role he focuses on community based addictions treatment for the criminal justice involved population, as well as serving the role of State Opioid Treatment Authority. Tony has roughly 20 years experience in human services, both in urban and rural population centers, and has experience as an outpatient and school based clinician, crisis clinician and supervisor, in both mental health and addiction treatment programs. He has extensive experience working with narcotic replacement treatment programs and has previously presented trainings/workshops on narcotic replacement treatment, ASAM placement criteria and the treatment of co-occurring disorders for both adolescents and adults.

108 Cherry Street, Suite 207, Burlington, VT 05401  
 Telephone: (802) 652-4141 / Fax: (802) 651-1573  
[Anthony.Folland@ahs.state.vt.us](mailto:Anthony.Folland@ahs.state.vt.us)

**DALE CROOK**

- LSI / CASE PLANNING.....(Tuesday, 05/01/12 – A.M.)
- .....(Thursday, 05/03/12 - P.M.)

Dale Crook is the Director of Community Corrections, Re-entry and Classification for the Vermont Department of Corrections. He began his career with corrections in 1997, working as a temporary corrections officer at the Chittenden Regional Correctional Center in Burlington, Vermont. Worked as a Correction’s Officer, Community Corrections Officer, Probation and Parole Officer, Field Service Specialist, Director of Designation, Movement and Sentence Comps, Director of Classification, and is currently the Director of Community Corrections, Re-entry and Classification. Received an Associate (95) and Bachelors in Science (97) from Champlain College and earned a Master of Science in Administration from St. Michael’s College (07).

Vermont Dept. of Corrections  
 103 South Main Street, Waterbury, Vermont 05671  
 802-951-5009

**MICHAEL TOUCHETTE**

- LSI / CASE PLANNING.....(Tuesday, 05/01/12 – A.M.)
- .....(Thursday, 05/03/12 - P.M.)

Michael Touchette is the Corrections Field Services Operations Manager for the Vermont Dept. of Corrections.

Education - 15 degrees away from Bachelors in Digital Forensics, Certified Computer Examiner, Certified Field Search Instructor, Net+ certified, Field-Scan Certified.

Bio - Began Correction in 1990 at Rutland Correctional Facility as COI, transferring to Chittenden in 1992. Promoted to CCO in 1994 at Burlington P&P, promoted to CCO Supervisor in 1997, promoted to Case Work Supervisor in 1998, promoted to current position in July 2011.

In 2001, he began working with the Internet Crimes Task Force as Digital Forensic Analyst, providing analytical analysis of digital devices for criminal cases, as well as computer monitoring for offenders in the community.

Vermont Dept. of Corrections  
 103 South Main Street, Waterbury, Vermont 05671  
 802-951-5077

**EDWARD ADAMS**

- SUICIDE PREVENTION.....(Monday, 04/30/12 – P.M.)

Edward Adams is the Assistant Superintendent of Security at Northern State Correctional Facility in Newport Vermont and has been with the DOC since 2002. In addition to his time working in Vermont correctional facilities he has over five years of experience working in the field as a Probation and Parole Officer and Community Corrections Officer. Mr. Adams has been an instructor for the Vermont DOC since 2004 in various topics such as communications and use-of-force and currently serves as a mentor level instructor in suicide prevention as well as being a member of the State Hostage Negotiation Team.

Vermont Department of Corrections  
 Northern State Correctional Facility  
 2559 Glenn Road, Newport, Vermont 05855  
 802-334-3364

**MARSHALL RICH**

- CORE CORRECTIONAL PRACTICES.....(Thursday, 05/03/12 - A.M.)

Marshall Rich started at Northwest Correctional Facility in Swanton, Vermont, in 1988. Started working in the Violent Offender program 1989. Became a certified lead facilitator Cognitive Self Change program. Member of the CSC Management and training team. Certified Reality Therapist. I manage the Domestic Violence, substance abuse and cognitive programs at Northern State Correctional Facility in Newport, Vt.

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**CAROL RUGGLES**

- CORE CORRECTIONAL PRACTICES.....(Thursday, 05/03/12 - A.M.)

Carol Ruggles started at Caledonia Community Work Camp (CCWS) in St. Johnsbury, Vermont, in 2005 as a Correctional Officer I. She headed the NEADS puppy program at CCWC where our inmates successfully trained pups to work with returning veterans. I worked on the original audit team at CCWC in 2008/2009 and was certified as an Advanced Communication Techniques (ACT) instructor in 2008. In 2009 I was an interim Community Service Team Leader at CCW. In 2010, Officer Ruggles transferred to Northern State Correctional Facility (NSCF) in Newport, Vermont, as a caseworker. She continues to instruct ACT at NSCF.

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**JENNIFER SPRAFKE**

- PRISON RAPE ELIMINATION ACT.....(Wednesday, 05/02/12 - A.M.)

Jennifer graduated from the University of Vermont in 1999 with a Bachelor degree in Social work. It was while at UVM that she learned about Corrections; working at Burlington probation and Parole for her senior year internship. Immediately after graduating, she was hired permanently as a Correctional Officer by the Dale Correctional Facility. Jennifer was a CO for what felt like a very short year before being promoted to a Corrections Services Specialist. During her 4+ years as a CSS at Dale, she ran unit meetings and co-facilitated Cognitive Self Change. Jennifer then moved over to Central Office as a Training Coordinator responsible for Sexual Harassment and Working with Women. This included training staff in the facility, field sites, and the Academy, as well as overseeing the Sexual Harassment Support Coordinators. During that time she worked closely with the Prison Rape Elimination Act (PREA) Office co-training staff sexual misconduct and boundaries. Jennifer worked as the Training Coordinator, and then Acting PREA Grant Manager responsible for overseeing, tracking, and reporting all allegations of sexual abuse; training sexual misconduct, PREA, boundaries, first responders, and inmate orientation; and working with staff to ensure that we are striving towards excellence in prevention, detection, reduction, and accountability. She is currently the PREA Director for the Vermont Department of Corrections.

**KRISTIN GOLDSTEIN, BS**

- SEXUAL OFFENDER TREATMENT AND SUPERVISION.....(Monday, 04/30/12 - A.M.)

Corrections Sexual Abuse Treatment Chief; 13 years of case management experience with last 7 years supervising sex offenders

**HEATHER ALLIN, MSA**

- SEXUAL OFFENDER TREATMENT AND SUPERVISION.....(Monday, 04/30/12 - A.M.)

Sex Offender Supervision & Offender Re-entry Services Coordinator; 13 years experience working in the criminal justice field

Sex Offender Supervision and Re-entry Coordinator  
 VT Center for Prevention & Treatment of Sexual Abuse  
 50 Cherry Street, Suite 101  
 Burlington, VT 05401  
 (802) 863-7569-Phone  
 (802) 238-1079-Cell  
 (802) 651-1662-Fax

[HeatherM.Allin@ahs.state.vt.us](mailto:HeatherM.Allin@ahs.state.vt.us)

**Topnotch Resort and Spa**

4000 Mountain Road  
Stowe, VT 05672

**Phone:** 802.253.8585

**Toll-free:** 800.451.8686

**Fax:** 802.253.9263

**Email:** [info@topnotchresort.com](mailto:info@topnotchresort.com)

**DRIVING DIRECTIONS****Bennington and Rutland, Vermont**

From Bennington and Rutland, Vermont, take Route 7 North to US 4 East. US 4 East to VT 100 N. VT 100 N to I-89 North through to Exit 10 (Waterbury/Stowe). Turn onto RTE-100 North and proceed to the Village of Stowe. Turn left onto RTE-108 and continue approximately 4 miles; Topnotch Resort will be on the right

**Brattleboro, Vermont**

From Brattleboro, Vermont, take I-91 North toward Springfield. Take exit #10N onto I-89 North. Follow I-89 North through to Exit 10 (Waterbury/Stowe). Turn onto RTE-100 North and proceed to the Village of Stowe. Turn left onto RTE-108 and continue approximately 4 miles; Topnotch Resort will be on the right.

**Burlington, Vermont (Includes St. Albans, VT)**

From Burlington, take the I-89 South exit toward Montpelier. Follow I-89 South to exit 10 (Waterbury/Stowe). Turn left onto RTE -100 North and proceed into the Village of Stowe. Turn left onto RTE-108 and continue approximately 4 miles; Topnotch Resort will be on the right.

**Montpelier, Vermont**

From Montpelier, Vermont, follow I-89 North through to Exit 10 (Waterbury/Stowe). Turn onto RTE-100 North and proceed to the Village of Stowe. Turn left onto RTE-108 and continue approximately 4 miles; Topnotch Resort will be on the right.

**Newport, Vermont**

From Newport, Vermont, take 105 East onto RTE-100 South and proceed to the Village of Stowe. Turn left onto RTE-108 and continue approximately 4 miles; Topnotch Resort will be on the right.

**St. Johnsbury, Vermont**

From St. Johnsbury, Vermont, from I-91 take exit 21 onto US-2 West. Turn on VT-15. From VT-15, turn onto RTE-100 South and proceed to the Village of Stowe. Turn left onto RTE-108 and continue approximately 4 miles; Topnotch Resort will be on the right.

**White River Jct., Vermont**

From White River Jct., VT. Follow I-89 North through to Exit 10 (Waterbury/Stowe). Turn onto RTE-100 North and proceed to the Village of Stowe. Turn left onto RTE-108 and continue approximately 4 miles; Topnotch Resort will be on the right